

Young Explorers

39476 Fremont Blvd
Fremont, CA 94538
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Lunch Menu

October 2023

	Mon	Tue	Wed	Thu	Fri
Week 1	2 Cheese Quesadilla and Carrots	3 Poori and Chole	4 Idli and Chutney	5 Cauliflower Pratha and Yogurt	6 Vegetable Pilaf & Fries
Week 2	9 Garlic Butter Noodles	10 Veggie Chowmein	11 Dal Rice	12 Methi Paratha and Yogurt	13 Green Peas Paneer and Rice
Week 3	16 Jello Sandwich and Carrots	17 Vegetable Pilaf	18 Vegetable Pasta with Marinara Sauce	19 Paneer Paratha & Yogurt	20 Poori and Chole
Week 4	23 Alfredo Pasta and Carrots	24 Potato Curry and Poori	25 Dal Rice	26 Potato Paratha & Yogurt	27 Veggie Chowmein
Week 5	30 Cheese Sandwich and Carrots	31 Vegetable Pilaf			

**Note: We serve seasonal fruits and milk every day*