## Young Explorers

39476 Fremont Blvd Fremont, CA 94538 209-207-9083



## **Lunch Menu**

## November 2023

	Mon	Tue	Wed	Thu	Fri
Week 1			1	2	3
			Veg Pulav	Caulifower Pratha and Yogurt	Veggie Chowmein
	6	7	8	9	10
Week 2					
	Idly and Chutney	Poori and Chole	Veggie Fried Rice	Methi Paratha and Yogurt	Veteran's Day (no school)
	13	14	15	16	17
Week 3	Cheese Quesadila and				
	Carrots	Kadhi Pakoda and Rice	Bisibele Bath	Paneer Paratha & Yogurt	Vegetable Pasta
	20	21	22	23	24
Week 4					
	Paneer Sandwich and Carrots	Potato Curry and Poori	Thanksgiving Potluck	Thanksgiving (no school)	Thanksgiving (no school)
	27	28	29	30	
Week 5					
	Garlic Butter Noodles	Vegetable Pilaf	Dal and Rice	Potato Pratha and Yogurt	

\*Note: We serve seasonal fruits and milk every day